

Turn fibromyalgia's multiple **symptom** days into multiple **moment** days

Meet Tonmya™, the first FDA-approved therapy for the treatment of fibromyalgia in adults in over 15 years.

Ask your healthcare provider if TONMYA is right for you



Coffee Catchup
Corner coffee shop



Yoga
Home studio



WHAT IS TONMYA?

TONMYA is a prescription medicine used in adults for the treatment of fibromyalgia. It is not known if TONMYA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

WHO SHOULD NOT TAKE TONMYA?

Do not take TONMYA if you:

- are allergic to cyclobenzaprine or any of the ingredients in TONMYA. Get medical help right away if you have symptoms of an allergic reaction,

such as difficulty breathing, hives, swelling of your face or tongue, or itching

- are taking an antidepressant medicine called a monoamine oxidase (MAO) inhibitor or if it has been 14 days or less since you stopped taking an MAO inhibitor

Please see additional Important Safety Information throughout and full Prescribing Information.

Tonmya™
(cyclobenzaprine HCl)
sublingual tablets 2.8mg

The reality of fibromyalgia

Living with fibromyalgia is a daily fight against symptoms that others can't see and might not understand. What you experience is real and deserves to be recognized.

Common symptoms of fibromyalgia:



Widespread pain



Disturbed sleep



Fatigue

You might find that when one symptom starts to flare up, others may get worse too.

Fibromyalgia symptoms are **strongly connected**, so you might find that when one symptom starts to flare up, the others may get worse too.

Because fibromyalgia impacts multiple parts of the body, lasting improvement might require a **broad-spectrum approach**.

For fibromyalgia tomorrow, Tonmya™ tonight

TONMYA is the first and only sublingual (under-the-tongue) medication for the treatment of fibromyalgia in adults. It's designed specifically to help the core symptoms of fibromyalgia: widespread pain, disturbed sleep, and fatigue.

In two 14-week clinical trials, people taking **TONMYA** experienced:



Significant improvements in widespread pain

These results were used for the FDA approval of TONMYA

In one clinical trial, people taking **TONMYA** experienced:



Improved sleep quality



Less fatigue

However, a second trial did not show these results.
TONMYA is not approved as a treatment for sleep disorders or fatigue.

Individual results may vary.

IMPORTANT SAFETY INFORMATION (Cont'd)

Do not take TONMYA if you:

- have had a recent heart attack, heart rhythm problems (arrhythmias), or heart failure
- have an overactive thyroid (hyperthyroidism)

WHAT SHOULD I TELL MY HEALTHCARE PROVIDER BEFORE USING TONMYA?

Tell your healthcare provider if you:

- have a history of seizures

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The next step in your bedtime routine

Taking Tonmya™ may be different than other medications you're used to. It's designed to dissolve quickly under the tongue and is taken at bedtime. Your provider will tell you how many tablets to take and may change your dose if needed.

TONMYA is designed to:



Release
a low dose of
cyclobenzaprine.



Reach
peak levels overnight,
when some symptoms
may occur.



Reduce
fibromyalgia symptoms
in adults.

TONMYA has a unique formulation.

It's designed to be absorbed through your mouth instead of your stomach, so it gets into your bloodstream fast.

IMPORTANT SAFETY INFORMATION (Cont'd)

Tell your healthcare provider if you:

- have trouble emptying your bladder (urinary retention)
- have a history of eye problems, including glaucoma
- have liver problems

- are pregnant or plan to become pregnant. TONMYA may harm your unborn baby. You should not take TONMYA if you are planning to become pregnant or during the first trimester (first 12 weeks) of pregnancy

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Safety Information

In clinical trials of TONMYA, side effects were generally manageable and rarely led people to stop taking TONMYA.

Side effects that occurred in at least 2% of patients treated with TONMYA and more frequently than placebo

	TONMYA (n=735)	Placebo (n=739)	
Mouth numbness	23%	0.7%	Other side effects of TONMYA in the adult clinical trials included fatigue, dry mouth, and canker sores. Changes in blood pressure and weight were similar to people not taking TONMYA, and there were no reports of any sexual health issues or trouble thinking clearly. Mouth-related side effects were usually mild or moderate and went away within about an hour. One-third of these mouth-related side effects lasted longer than an hour, some of which were present the next morning.
Mouth discomfort	9%	0.7%	
Abnormal taste	9%	0.7%	
Feeling sleepy	6%	2%	
Tingling in the mouth	6%	0.4%	
Mouth pain	5%	1%	
Dry mouth	3%	2%	
Canker sore	2%	0.5%	

n = indicates the number of patients who were treated with TONMYA or received placebo.

TONMYA is non-addictive and can be taken without the risk of drug dependency.

IMPORTANT SAFETY INFORMATION (Cont'd)

Tell your healthcare provider if you:

- **are able to become pregnant:**
 - Your healthcare provider should do a pregnancy test before you start treatment with TONMYA
 - Use effective birth control (contraception) during

- treatment with TONMYA and for 2 weeks after the final dose
- Tell your healthcare provider right away if you are planning to become pregnant, you become pregnant, or think you are pregnant during treatment with TONMYA

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Tonmya Together™ Support Program

If you and your healthcare provider have decided that Tonmya™ is right for you, support may be available to help with navigating out-of-pocket costs.*



A prescription for TONMYA can be sent to most pharmacies, but BlinkRx is a digital pharmacy service.*

If your healthcare provider prescribes TONMYA through BlinkRx and you are commercially insured and eligible, BlinkRx will work with your insurance to apply available savings to your TONMYA prescription.

With BlinkRx, you can expect:

- Lowest, eligible price based on your insurance
- Digital payments
- Dedicated pharmacist support
- Free nationwide delivery and refill reminders

Eligible, commercially insured patients **pay as little as \$0** on each prescription

If you have questions about using BlinkRx,

Call 1-844-926-2480

Email support@blinkrx.com



Starting TONMYA?

Scan the QR code to access the **TONMYA Digital Welcome Guide** to help you build fibro-friendly habits and track your progress throughout your TONMYA journey.

IMPORTANT SAFETY INFORMATION (Cont'd)

Tell your healthcare provider if you:

- **are able to become pregnant:**
 - If you are exposed to TONMYA during pregnancy, contact Tonix Medicine, Inc., at 1-888-869-7633 (1-888-TNXPMED)

- are breastfeeding or plan to breastfeed. TONMYA may pass into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with TONMYA

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TONMYA Savings Program*

Eligible, commercially insured patients can pay as little as \$0 through the TONMYA Savings Program.

How to enroll



Go to TonmyaSavings.com

or text 'TONMYA' to 833-700-4766†

*Valid only for those patients with commercial prescription insurance coverage who meet eligibility criteria. Offer not valid for (i) prescriptions paid, in whole or in part, by any federal, state, or government-funded insurance programs (for example, Medicare, Medicare Advantage, Medigap, Medicaid, Veterans Affairs (VA), Department of Defense (DoD), or TRICARE), (ii) for cash-paying patients, (iii) where product is not covered by patient's commercial insurance, (iv) where patient's commercial insurance plan reimburses them for the entire cost of their prescription drug, or (v) where prohibited by law or by the patient's health insurance provider. If at any time a patient begins receiving prescription drug coverage under any federal, state, or government-funded healthcare program, patient will no longer be able to use the Tonmya Together™ Savings Program and patient must notify Tonix Medicines at 1-844-851-3390 to stop participation. Patients may not seek reimbursement for the value of the out-of-pocket expense covered by the Program from any third-party payer, whether public or private. The Program is valid ONLY for qualifying patients residing in the 50 U.S. states or Puerto Rico with commercial insurance who have a valid prescription for an FDA-approved indication for the qualifying Tonix Medicines therapy. The Program is not health insurance. This offer may not be combined with any other rebate, coupon or offer. Out-of-pocket assistance under the Program is not transferable. Tonix Medicines reserves the right to rescind, revoke, or amend the Program without notice. The patient/caregiver must certify their responsibility for complying with applicable limitations, if any, of any commercial insurance and reporting requirements regarding receipt of Program benefits, if necessary, to any commercial insurer. The Program is subject to termination or modification at any time. Some restrictions apply.

†Message and data rates may apply. Message frequency varies. Please see TonmyaSavings.com for Terms and Conditions and Privacy Notice. Once enrolled, text HELP for help. Text STOP to end.

IMPORTANT SAFETY INFORMATION (Cont'd)

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your healthcare provider if you take:

- a medicine to treat depression, mood, anxiety, psychotic, or thought disorders
- a pain medicine called tramadol or meperidine
- bupropion

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IMPORTANT SAFETY INFORMATION (Cont'd)

Especially tell your healthcare provider if you take:

- verapamil
- anticholinergic medicines
- barbiturates or other medicines that depress your central nervous system (CNS depressants)
- a blood pressure medicine called guanethidine

HOW SHOULD I TAKE TONMYA?

- Take TONMYA exactly as your healthcare provider tells you to take it.
- Your healthcare provider will tell you how much TONMYA to take.
- Your healthcare provider may change your TONMYA dose if needed.
- Take TONMYA 1 time a day at bedtime, around the same time each evening.
- Take TONMYA after brushing your teeth and other oral care is completed.
- Your mouth and the area under your tongue (sublingual) should be moist when you take TONMYA. Drink a few sips of water before you take TONMYA.
- Place the prescribed number of TONMYA sublingual tablet(s) under your tongue until dissolved.
- **Do not** swallow whole, cut, crush, or chew TONMYA sublingual tablets.
- Avoid eating or drinking for at least 15 minutes after the TONMYA sublingual tablet is completely dissolved. Avoid any hot, cold, or acidic beverages until the morning.
- Avoid talking for at least 5 minutes after taking TONMYA.
- If you miss a dose of TONMYA, take your next dose the following evening. Do not take a missed dose during the day. Do not take 2 doses to make up for a missed dose.

- If you take too much TONMYA, call your healthcare provider or the Poison Help line at 1-800-222-1222 or go to the nearest hospital emergency room right away.

WHAT ARE THE POSSIBLE SIDE EFFECTS OF TONMYA?

Serious side effects may include:

- Serotonin syndrome is a serious medical condition that may happen when TONMYA is taken with certain other medicines. Go to the nearest hospital emergency room right away if you develop any of the following signs or symptoms of serotonin syndrome:
 - confusion, agitation, seeing or hearing things that are not real (hallucinations), coma, or other changes in mental status
 - high body temperature (hyperthermia)
 - shaking (tremor), coordination problems, or muscle twitching (overactive reflexes)
 - fast heartbeat, high or low blood pressure
 - sweating or fever
 - nausea, vomiting, or diarrhea
 - muscle stiffness or tightness
- TONMYA may cause serious side effects that may lead to heart attack or stroke. Symptoms may include:
 - irregular or abnormal heartbeats (arrhythmias)
 - fast heartbeat (tachycardia)
 - dizziness
 - feeling faint or lightheaded
 - chest pain or discomfort
 - shortness of breath
- TONMYA can cause side effects to the lining inside your mouth, including numbness, tingling, discomfort, pain, irritation, swelling (inflammation), and sores (lesions). These side effects can happen within minutes of taking TONMYA, and most go away within 60 minutes. Drink a few sips of water before taking

Please see additional Important Safety Information on the following page.

IMPORTANT SAFETY INFORMATION (Cont'd)

Serious side effects may include:

TONMYA to decrease your chance of getting numbness or reduced feeling in your mouth. Tell your healthcare provider right away if you have:

- trouble eating, drinking, breathing, or swallowing
- side effects that cover a large area in your mouth
- pain in your mouth that makes it difficult to do your normal activities

Call your healthcare provider right away or go to the emergency room if you have any serious side effects.

The most common side effects include: reduced feeling in your mouth, mouth discomfort, abnormal TONMYA taste, feeling sleepy (somnolence), numbness or tingling in your mouth, mouth pain, tiredness, dry mouth, and sores in your mouth (canker sores).

These are not all the possible side effects of TONMYA.

WHAT SHOULD I AVOID WHILE USING TONMYA?

You should not drink alcohol until you know how TONMYA affects you. Taking TONMYA with alcohol or other medicines that depress your central nervous system can slow your thinking and physical response times. Do not drive, operate machinery, or do other dangerous activities until you know how TONMYA affects you.

HOW SHOULD I STORE TONMYA?

- Store at room temperature (20°C to 25°C [68°F to 77°F]), but no lower than 15°C (59°F) and no higher than 30°C (86°F).
- Keep the tablets in the original bottle with the desiccant (moisture absorber) canister, and keep the bottle closed to protect from moisture.
- The TONMYA bottle contains a polyester coil to help protect the sublingual tablets during shipping. Remove the polyester coil from the bottle and throw it away after opening the bottle for the first time.
- Keep out of reach of children.

WHAT ARE THE INGREDIENTS IN TONMYA?

Active ingredient: Cyclobenzaprine hydrochloride USP

Inactive ingredients: Colloidal silicon dioxide, corn starch, crospovidone (Type A), D&C Yellow No.10, dibasic potassium phosphate, mannitol, and sodium stearyl fumarate.

Need help or have questions?

If you are exposed to TONMYA during pregnancy, contact Tonix Medicines, Inc. at 1-888-869-7633 (1-888-TNXP MED).

Call your healthcare provider for medical advice about side effects. You may report side effects to Tonix Medicines, Inc. at 1-888-869-7633 or to the FDA at 1-800-FDA-1088 or www.FDA.gov/medwatch.

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The first and only under-the-tongue medication for the treatment of fibromyalgia in adults



Real results

Tonmya™ is designed to help improve widespread pain, disturbed sleep, and fatigue in adults with fibromyalgia.

TONMYA is not approved as a treatment for sleep disorders or fatigue.



Routine bedtime dosing

TONMYA is taken as quick-dissolving under-the-tongue tablets.



Tolerable side effects

TONMYA was studied in multiple clinical trials and most side effects were generally manageable.

Ask your healthcare provider if TONMYA is right for you
Visit Tonmya.com to learn more



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